**Directions**

**By Car**

**Long Island Expressway**—South on Little Neck Parkway; Turn left onto Union Turnpike. Take Union Turnpike to 263rd Street.

**Northern Boulevard**—Turn south onto Lakeville Road; turn right onto Union Turnpike to 263rd St.

**Grand Central-Northern State Parkway**—Exit at Lakeville Road but continue to Union Turnpike. Make a right on Union Turnpike to 263rd St.

**Union Turnpike (Eastbound)** — Make a left onto 263rd Street.

**From All Points**—traveling north on 263rd St., bypass the Zucker Hillside guard gate and continue to 74th Avenue. Make a right onto 74th Ave., and bear right at the fork after entering the hospital campus. The ACP Building is the low brick building on the right.

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**Psychologist**
Alison Gilbert, PhD

**Physician-in-Charge**
Raphael Braga, MD

**Executive Director,**
**Zucker Hillside Hospital**
Carolyn Sweetapple, PhD, MBA, RN, CPA

**Chairman, Department of Psychiatry**
John Kane, MD

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**Zucker Hillside Hospital**
**Center for Treatment and Research in Bipolar Disorder**
75-59 263rd Street
Glen Oaks, NY 11004
(718) 470-8060

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**Center for Research and Treatment in Bipolar Disorder**

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**Zucker Hillside Hospital**
Northwell Health®
The Center for Research and Treatment in Bipolar Disorder

Services provided at the Center

- Comprehensive documentation of history of symptoms, treatment and illness course
- Diagnostic evaluation using structured interviews that carefully characterize all symptoms
- Evidence-based treatment including medication and psychotherapy (individual, group and family)
- Standardized assessments of treatment and response
- Health and wellness management
- Shared decision-making
- Education and supportive resources for patients and families
- Access to new treatments under development
- Help overcoming obstacles to medication-taking

To make an appointment, please call 718-470-8060.

Research opportunities

The center is committed to advancing knowledge about Bipolar Disorder. As such, clinicians partner with researchers to offer patients and families opportunities to participate in exciting and innovative research studies. For qualified participants, financial compensation may be available.

The Center for Treatment and Research in Bipolar Disorder offers specialized care and innovative research for patients and families. Bipolar Disorder is a recurrent and highly treatable condition that may include the following symptoms:

- Mood swings
- Rapid speech
- Elevated or irritable mood
- Inflated self-esteem
- Excessive energy
- Racing thoughts
- Reckless behavior
- Changes in sleep
- Reduced ability to concentrate
- Loss of interest in usual activities
- Feeling sad or down