Banking with Capital One is the easiest decision in the history of decisions.

With no fees or minimums on checking and savings accounts and a top-rated app that lets you bank anytime, anywhere, is it really even a decision?

That’s Banking Reimagined.

The Official Bank and Credit Card of the
4 Caps Adapt to Laviolette’s Blueprint
11 Ted Leonsis
13 Executive Staff
19 Coaching Staff
23 Capital One Arena
25 MedStar Capitals Iceplex
26 Roster
27 Schedule
28 Player Bios
40 Prospect Report
42 Capital Impact Fund
43 So Kids Can
44 Score Card
What an outstanding play!

New customers reported saving an average of $500 or more annually by switching to GEICO. Get a quote and you could score big on savings.
Whenever Caps fans take a look back at the Barry Trotz era of hockey here in Washington, they’ll see the four best consecutive seasons of hockey the Capitals have ever put together, a term that concluded in the ultimate triumph, with the hoisting of the Stanley Cup at T-Mobile Arena in Las Vegas on the night of June 7, 2018. What many won’t see or won’t remember is that the Trotz era started off on somewhat wobbly footing.

Trotz’s first season at the helm was 2014-15, and yes, the Caps claimed points in each of their first five games (3-0-2) that season, as did Peter Laviolette’s Washington Capitals in 2020-21. But after that swift five-game start, the Caps struggled to adjust to the change in identity, systems and culture that Trotz brought forth following the Adam Oates administration.

Coaches in their first seasons with new teams – even those coaches with lengthy and accomplished résumés in the league such as Trotz and Laviolette – are rarely able to effect real and lasting change immediately.

When Todd Reirden ascended from the rank of associate coach to head coach after Trotz’s departure in the summer of 2018, the change wasn’t as thorough; the systems, identity and culture were more or less carried forth from one to the next. But this season’s transition from Reirden to Laviolette is the most sweeping the Caps have endured since Trotz took over from Oates, so it’s useful to look back at the start of that 2014-15 season and remember that success was far from instantaneous.

Twenty-four games into Trotz’s first season at the helm, the Caps were a 10-10-4 team. At that point, they caught fire and went on an absolute tear, going 14-1-4 in their next 19 games. It would be the first of four straight seasons with more than 100 points for Washington; the Caps won the President’s Trophy in the middle two seasons of Trotz’s tenure and won the Cup in his fourth and final season.

“Those 24 games [at the start of 2014-15] I was either a fourth-liner or in the press box, right?,” smiles Caps center Evgeny Kuznetsov. “So for me, it was pretty tough to judge. But then after that I remember we started rolling and we started playing some pretty good hockey and we started to understand the system.
Amazing care. For winners on and off the ice.

Official medical team of the Washington Capitals™. And you.

It’s how we treat people.™
“I think we just learned, and that’s the process every time you get a new coach. I think it’s going to take some time to understand exactly what the coach wants to see from the team. We – as the players – have to execute, but it’s going to take some time.”

But how does that process evolve, and how long does it take?

“I definitely think it comes from a plan – whatever that plan is – and there is no right way and wrong way,” says Laviolette. “Championships have been won in so many different ways. But I definitely think there needs to be a blueprint for it. And once the blueprint is down and there’s a good understanding of what you’re doing, then there’s a real buy in from the players, and ultimately that drives the success of the team.

“The actual identity is not what wins. It is a plan, it is in place, and then from there, it’s the players who will grab hold of that and push that every day. There are some things that we need to clean up as well, but you know we’ll teach what we need to teach and we will take the positives and drive them home, and we get ready for the next game.”

The buy-in is a two-way street. The players need to have belief in the system, and belief that if they use that roadmap, they’ll be able to reach the goals the team has established.

“I think the buy-in comes from everyone from the staff to the players,” says Caps defenseman John Carlson. “Everyone has to put time and effort – and more of it – into it to get themselves in good standing. I think it’s a constant work. But I think you have to feel it both ways; you have to feel success in what you’re doing, and you also have to feel failure to know.

“The game is so fast and unpredictable that from a coach’s standpoint, it’s more about the wording of what your message is versus the X’s and O’s of it. I mean, we changed our X’s and O’s but it’s more about how we want to play within those so-called systems. There are never really two plays that are the same, there’s always the center close, center is far. The winger is high, wing is low. Whatever it is, there’s so much variability that it’s more of a mindset thing that the coaches are trying to teach you. And there’s a learning curve for everyone. Maybe it happens quicker for some and later on for others. And as a player, you’re fighting against old habits at the same time as you’re trying to do whatever the new habits you want to create, so I think it’s a lot of work, but video is great.”

And of course, Trotz’s 2014-15 team had the benefit of a full training camp and several exhibition games. Laviolette’s team had an abbreviated training camp, no preseason games and assorted other issues related to the ongoing pandemic.

“I think it first started with the NHL and the players not getting to a point of when the camp is going to start,” says Washington center Nic Dowd. “And then we’re worried about that and moving our families, and then we get our families here and we get camp started, and we have guys coming off quarantine. And we’re putting in completely new systems and that are totally – in every zone – new systems.

“The first few games, I think it was a mix of a couple different things. Yeah, we won some games that we probably should have lost. But I also think we had a lot of different guys playing different roles, which I think was actually beneficial because we had a lot of guys that were trying to prove that they deserved to stay in those roles. It was a little bit of a mix-up, but I think it probably brought a little fresh air into the bunch.

“The first few games, I think it was a mix of a couple different things. Yeah, we won some games that we probably should have lost. But I also think we had a lot of different guys playing different roles, which I think was actually beneficial because we had a lot of guys that were trying to prove that they deserved to stay in those roles. It was a little bit of a mix-up, but I think it probably brought a little fresh air into the bunch.

“Look at our goaltender [Vitek Vanecek]; our goaltender stepped in and wanted to prove that he belonged here, and he played unbelievable. And then we have guys coming back off injury quarantine
NEW FLAVORS. YOU’RE WELCOME.
and COVID and we’re dealing with that. And we honestly haven’t practiced that much. If there are things that you want to fix and you don’t get an opportunity to fix them in practice and teach guys how to do stuff, then not only are you going to keep making the same mistakes, but guys are not going to end up understanding how they are supposed to do it correctly. I think it’ll take a little bit of time.”

Although Trotz’s 2014-15 team finished with 101 points, the longest winning streak it managed was four games in length, from games 57-60. The ’14-15 Caps had eight three-game winning streaks and picked up 11 points in overtime and shootout losses. Only once – from games 8-11 – did the 2014-15 Caps lose four straight contests in regulation.

Laviolette’s Caps lost four straight games from games 10-13, but they’ve managed to collect points steadily aside from that stretch.

Early in the season, the quality of hockey isn’t quite what it is later on when teams are jockeying for playoff positioning down the homestretch. That’s particularly true this season when every team was suddenly thrust into a shortened, condensed regular season and then many were forced to deal with ongoing lineup and personnel issues as a result of COVID.

“Every coach sees hockey differently, and our job is just to execute what they tell us to do,” says Kuznetsov. “But I feel like always in the beginning of the year the first 10-20 games are not the best hockey performances, but the closer we get to probably hit 20 games, that will be closer to the real hockey. Every team will be in hockey shape and mid-season form, and that’s when the hockey will be much different. But in those 20 games before, that’s the biggest point you have to get: it doesn’t matter how you play, it’s just about the points. Get the tempo and collect them. These points at the end of the year will matter twice.”

Much of Washington’s core group of players from the 2018 Cup-winning team is still intact, especially up front where all seven of the team’s top seven forwards from ’17-18 are still on the roster. Having that lineup and roster continuity should help moving forward.

“I think that every team has some sort of strengths and weaknesses,” says Caps defenseman Zdeno Chara, a long-time captain of the Boston Bruins. “The teams that have been together for a longer period of time, they kind of develop that chemistry or identity they play under with the same coach over the course of some years.

“I think that in our case the core group has established some sort of identity here, and we have some newcomers and obviously, with a new coaching staff, we have a little bit different system than previously. But I think that the main values for the team should be always coming to the rink well prepared, coming on the ice with the right set of mind and right attitude and work ethic, giving your best effort, whether that’s at practice or a game. I think those are the things that as players, you can control and you can always build from. I think that just being well prepared and giving your best effort and attitude, I think that the team will eventually find what’s working and what’s not working for the group. And I think that if you go to the basics, and all these things that I mentioned, then the talent will take over. You have to trust the system and the coaches that they prepare you for the best in the best possible way for your opponent.”

Washington’s goals against totals have climbed every season since 2016-17 when it won the Jennings Trophy, so one of Laviolette’s primary tasks is to get the team solidified in the defensive zone and giving up fewer goals and scoring chances. That’s very much a work in progress, and sample sizes are small. But after permitting an average of 3.77 goals per game in its first 13 games under Laviolette, that number
diminished to 2.40 over the next five contests.

“I think our identity is a big thing that we’ve talked about from day one, and with Peter coming in it’s about what do we want to be, not just as a team but as a [defense] corps specifically,” says Caps defenseman Brenden Dillon. “We’ve got some big bodies; all of us can skate and move. And for what we want to do, we want to defend hard first and foremost. And with that we are able to join the play and help the offense out when we can and use our feet to get up in the rush. But when we’re making an emphasis on how hard we defend, when we really help out in that aspect of things and are moving pucks fast, that’s when we’re at our best. And I think from day one we have tried to put an emphasis on that.

“For everybody, it was a quick training camp. We were jumping right into it with games every second day, so there is not much practice time. I think a big thing is really just talking about it when we can in between games, try to improve upon it and try to get better with the next one.”

The relationship with Laviolette, the players and their identity is ongoing and likely will be for some time to come.

“It’s definitely a 50/50 marriage – if you want to say it that way – where I think trust is a big thing,” says Dillon. “As players, you have to trust that this is the right way to play that’s going to be successful. And then as the coach you have to trust that your players are going to buy in and do what you’re asking of them.

“I think there’s a bit of a feeling out process, and usually that’s what training camp and the preseason is used to do. This year is a very unique year where we didn’t have that, and we’re starting to see that trust really be established, and in everyone from the top end players to the depth players. Everyone is really buying in and on every given night, no matter the schedule, whether it back-to-back or a tough building on the road. I think we’re really starting to turn the corner on that.

“For our group, we’ve got big goals for this group. We understand that we want something bigger in the long run. There might be some tough patches throughout, but we’d much rather have than them now than in games 50 through 56. We need to be able to
just continue to play to our identity, understand what you as a player bring and do that the best you can. That’s what’s going to make us successful as a team.

Being able to verbalize that identity is important, as well. Each player should have a similar answer if asked to define the team’s identity.

“I think so,” says Laviolette. “I think that when you find a team that’s successful, they know exactly how they need to play in order to be successful and the things that they need to do in order to be successful.”

“I think with Lavi,” says Dowd, “my understanding is that he’s given us a pretty precise roadmap on how he wants us to play, and now it’s about the players understanding how to use that on the ice and to play as he wants us to play.

“There are some coaches that allow a lot more ‘drift’ within a system, but ours is not like that, and I think that also allows us to win games that maybe we shouldn’t win on some nights – when guys aren’t feeling good or a team’s not feeling good – because the system protects us. It’s when we get out of that, that’s when mistakes are made, and goals are scored against us.

“I think Lavi has given us the direction that he wants us to go in, but honestly, they can tell us exactly what they want and it doesn’t matter unless the players accept it, and we all buy in together with it. As soon as you have one guy on one line not buying in, well then there’s your issue and then it trickles throughout.

Dowd then goes on to define the identity of the 2020-21 Washington Capitals.

“I think when we are at our best,” he says, “I would say we’re probably a highly talented offensive team that plays great defense. And when there’s a chance to be offensive, that’s when our skill can take over and our top-end guys can make plays, and then we draw penalties and have the power play. But all the way from our first line down to our fourth line, we’re asked to do the same things.” ★★★
EXECUTIVE STAFF

TED LEONSIS
FOUNDER, CHAIRMAN, PRINCIPAL PARTNER AND CHIEF EXECUTIVE OFFICER
Monumental Sports and Entertainment

Ted Leonsis is founder, chairman, principal owner and chief executive officer of Monumental Sports & Entertainment (MSE), one of the largest integrated sports and entertainment companies in the country with one of the most diverse partner groups in all of sports. MSE owns and operates the 2020 NBA 2K League Champion Wizards District Gaming, the 2019 WNBA Champion Washington Mystics, the NHL’s 2018 Stanley Cup Champion Washington Capitals, the NBA’s Washington Wizards, the NBA G League’s Capital City Go-Gos, and Capital One Arena in downtown Washington, DC. The partnership operates MedStar Capitals Iceplex, the Washington Capitals’ training facility and front office headquarters, and George Mason University’s EagleBank Arena. MSE is also co-owner of AXiomatic, which has controlling interest in global esports franchise Team Liquid. Mr. Leonsis is co-executive chairman of AXiomatic.

The company also owns Monumental Sports Network, a first-of-its-kind regional sports network for digital, mobile and over-the-top platforms that allows users to access content whenever and wherever they want.

MSE and NBC Sports Washington, part of the NBC Sports Group, have developed an advanced media partnership that includes NBCSW’s exclusive media rights to the Capitals and Wizards, and saw MSE become an equity partner in NBCSW. NBC Sports Group has also invested in Monumental Sports Network, creating a cross-equity leadership structure.

As part of a joint venture with the DC Mayor’s Office and Events DC, MSE owns and operates Capital One Arena, a brand-new sports and entertainment facility in Southeast D.C. on the St. Elizabeths East campus, which opened in the Fall of 2018. This cutting-edge 4,200-seat venue and basketball facility includes a top-of-the-line practice facility for the Wizards and serves as the Mystics and Co-Go home court. The arena is part of the St. Elizabeths East Campus redevelopment and is expected to generate significant expansion of arts, cultural, entertainment and civic programming. This project is designed to be a catalyst for new opportunities in Ward 8 and citywide and create a destination for residents and visitors.

Mr. Leonsis serves on the Board of Governors for the NBA and NHL as well as on the Executive Committee of the NHL. He is also chairman of the NBA Media Committee.

Revolution and Venture Capital Investor

Mr. Leonsis is a co-founder and partner at Revolution, which invests in early-stage companies that are transforming a range of industries in which technology is driving change. He also serves on the boards of several public companies, American Express and CoupOn.

He also has made early stage investments and owned equity in numerous companies, including AOL, Google, Revolution Money, AddThis, Preview Travel (Travelocity), Inside.com, MobilePosse, ObjectVideo, Vox Media, Zedge, iVillage, Proximic, Cricket Media, Mediabank, Two Harbors, Algentis, Social Radar and Forbes’ Travel Guide.

Filmmaker and Digital Entrepreneur

Mr. Leonsis created and produced the award-winning film “Nanking.” The film premiered at the 2007 Sundance Film Festival and was awarded the Documentary Editors Award. The film went on to win a Peabody Award and an Emmy Award. The film was distributed theatrically, appeared on HBO and is one of the most viewed documentaries of all time because of its wide distribution in theater and on television throughout China. Mr. Leonsis also produced the documentary film “Kicking It,” which premiered at the 2008 Sundance Film Festival and aired on ESPN. He then produced “A Fighting Chance,” which aired on ESPN in 2010. In 2013 he produced “Lost for Life,” a documentary that explores juvenile offenders who have been sentenced to life without parole. “Lost for Life” was broadcast in 58 countries in 2014 and garnered both critical acclaim and ratings success. Most recently he produced the documentary “We the People: The Market Basket Effect,” which aired on Pivot and iTunes and was released theatrically.

Mr. Leonsis is also executive producer of the documentary film, “Willie,” along with MSE partners Sheila Johnson and Earl Stafford. “Willie” is the story of Willie O’Ree, who in 1958 became the first black player in the National Hockey League.

Mr. Leonsis is founder and chairman of ViewLift, a full-service content distribution platform for the web, OTT and mobile, which empowers media companies, sports leagues and teams, education providers, and others to monetize their content through native branded apps on every major digital device. ViewLift offers a complete end-to-end solution for creating, launching and monetizing video applications across 28 device platforms, including mobile, over-the-top, connected TV and game consoles. Mr. Leonsis also is the founder, chairman and largest shareholder in SnagFilms, which has more than 5,000 movies, TV show episodes, documentaries and original comedy shorts in its online digital library.

Phanthropy

Through the Leonsis Foundation, his sports teams, the Monumental Sports & Entertainment Foundation, SnagFilms and his family’s personal giving, Mr. Leonsis supports hundreds of charities each year. In 2015 Mr. Leonsis was named chairman of the board of DC-CAP (District of Columbia College Access Program), which is dedicated to encouraging and enabling DC public high school students to enroll in and graduate from college.

Other highlighted charities and causes include Best Buddies, DC Central Kitchen, Georgetown Entrepreneurship Initiative, The Georgetown Venture Lab and annual Bank Tank competition in partnership with the McDonough School of Business, See Forever Foundation, Venture Philanthropy Partners, Street Soccer USA, YouthAIDS, GlobalGiving, College Success Foundation – District of Columbia, Potomac School, Catholic University, Children’s National Hospital, Children’s National Health System Foundation, Salvation Army Angel Tree, Alliance for Lupus Research, Serve DC, Fort Dupont Ice Arena and Ice Hockey Club, USO of Metropolitan Washington, Capital Area Food Bank, Flashes of Hope, Inova Health System Foundation, UNICEF, obesity prevention and numerous local schools and cancer research and awareness programs.

As the former vice chairman of Washington 2024, Mr. Leonsis assumed a leading role in guiding the region’s bid for the 2024 Summer Olympic and Paralympic Games. In June 2014, the United States Olympic Committee identified Washington and three other cities as potential locations.

Mr. Leonsis also co-founded and chairs the Greater Washington Partnership, which played a critical role in organizing the region’s bid process for Amazon’s HQ2. The bid was successful, which was built on cooperation between Washington, Maryland and Virginia, and offers a great blueprint for tackling economic challenges for everything from housing to transportation to workforce development.

Thanks to a $1.5 million gift from the Leonsis family, the legacy of Georgetown entrepreneurship continues with the launch of the Georgetown Venture Lab, the lab provides a collaborative space for the university and its network of alumni entrepreneurs to catalyze start-ups and innovation. The Georgetown Venture Lab’s role is critical in supporting the university’s entrepreneurial community. In 2016, they launched the Leonsis Family Entrepreneurship Prize to honor and financially assist students and recent alumni who kickstart social impact ventures and initiatives.

AOL

During his 14-year career at AOL, Mr. Leonsis served as president of America Online Services Company, president of AOL Studios, president of AOL Core Properties, vice chairman and president of AOL Core Services, vice chairman and president of AOL Audience Business and vice chairman emeritus. The company recorded its greatest levels of innovation and growth under his leadership, and in May 2010 AOL named a 15-story office tower The Leonsis Center in his honor. Mr. Leonsis retired from active management of AOL in 2006.

Author

Mr. Leonsis has authored numerous books, including “Blue Magic: The People, Power and Politics Behind the IBM PC” and “The Business of Happiness: 6 Secrets to Extraordinary Success in Work and Life.”
Dick Patrick has been part of the Washington Capitals organization since 1982 and was one of Ted Leonsis’s original partners when Monumental Sports & Entertainment was formed in June 2010. Mr. Patrick is President of the Capitals and Vice Chairman of Monumental Sports & Entertainment.

For the first five years of MSE’s existence, Mr. Patrick also assumed initial responsibility as Chief Operating Officer and was involved in all facets of operating three professional sports franchises – the Capitals, Washington Wizards and the Washington Mystics – and Capital One Arena.

For three generations the family name of Patrick has been synonymous with the sport of hockey and the National Hockey League. Mr. Patrick’s grandfather, Lester Patrick, was the longtime coach and general manager of the New York Rangers. In his honor, the Lester Patrick Trophy is awarded annually for “outstanding service to hockey in the United States.” It was Lester who instilled in his family the desire to remain active in the advancement of the sport of hockey and the National Hockey League. Mr. Patrick’s father, Muzz, and uncle, Lynn, both played on the 1940 New York Rangers team that captured the Stanley Cup. In October 2012, Dick Patrick was awarded the Lester Patrick Trophy for his contributions to hockey in the United States. Mr. Patrick and his son, Chris, who is the Capitals director of player personnel, became the sixth and seventh members of the Patrick family to win the Stanley Cup in 2018, a tradition that goes back 100 years in their legendary family.

Mr. Patrick’s cousin, Craig Patrick, played for the Capitals from 1977-79. He won two Stanley Cups as general manager of the Pittsburgh Penguins and was enshrined in the Hockey Hall of Fame in November 2001 in the “builder” category.

Before Mr. Patrick’s arrival, the Capitals had never advanced to postseason play. In his 37 seasons with the club, Washington has qualified for the playoffs 30 times – including the team’s Stanley Cup championship in 2018, the run to the Stanley Cup Final in 1998 and three Presidents’ Trophy-winning teams (2009-10, 2015-16, 2016-17). During the 2010s, the Capitals (465-232-0-90) recorded the most wins of any team and only trailed the Montreal Canadiens of the 1970s (501-160-130-0) and the Boston Bruins of the 1970s (487-190-111-0) as the winningest franchise of any decade. Additionally, with a .648 point percentage, the Capitals only trailed the 1970 Canadiens and Bruins (Montreal: .712; Boston: .689) and the 2000s Detroit Red Wings (.682) in point percentage in a decade.

Born in 1946 in Victoria, B.C., Mr. Patrick grew up in the United States. He earned his undergraduate degree from Dartmouth College and a law degree from the Washington College of Law at American University. He has developed commercial real estate in the Washington, D.C., area for more than 20 years and, while raising children who have skated within local youth hockey programs, he has been instrumental in increasing the Capitals’ involvement in youth programs throughout the area.
NEW
AMSTERDAM
VODKA

PROUD PARTNER OF THE
WASHINGTON CAPITALS

NHL and the NHL Shield are registered trademarks of the National Hockey League. NHL and NHL team marks are the property of the NHL and its teams. © NHL 2021. All Rights Reserved. Vodka, Alcohol 40% by Volume (80 proof). ©2021 New Amsterdam Spirits Company, Modesto, CA. All rights reserved.
Brian MacLellan is in his seventh season as general manager of the Capitals. MacLellan, 62, was named the sixth general manager in the franchise’s history on May 26, 2014 and is in his 19th season with Washington after previously serving as the team’s assistant general manager, player personnel.

Since appointing MacLellan as general manager, the Capitals are 294-135-50 and have led the League in points (638), road wins (140) and have recorded the second-most wins (294) in the NHL. With 90 points in 69 games before the suspension-shortened 2019-20 season, the Capitals were again on pace to reach the 100-point mark. They would have become the fourth franchise in NHL history to reach the mark six consecutive times, joining the Detroit Red Wings (12 times: 1999-00 to 2011-12), the Montreal Canadiens (eight times: 1974-75 to 1981-82) and the Edmonton Oilers (1981-82 to 1986-87).

During MacLellan’s tenure, the Capitals have won two Presidents’ Trophies and a franchise-record five consecutive Metropolitan Division titles.

With MacLellan at the helm, the Capitals won their first Stanley Cup in 2018. Of the 19 players to take the ice during the Cup-clinching win in Game 5, eight players were either signed, traded for or drafted by MacLellan, including three of the four players that scored in the game (Jakub Vrana, Devante Smith-Pelly and Lars Eller). The Capitals tied an NHL record with 10 road wins during the run and joined the 1991 Pittsburgh Penguins as the only teams to win the Stanley Cup despite trailing in all four series.

In the 2015-16 season, Washington led the NHL with a record of 56-18-8 (120 points) and captured its second Presidents’ Trophy in franchise history (2009-10). The Capitals set franchise records in wins and road wins (27) and MacLellan was named a finalist for the 2015-16 NHL General Manager of the Year Award.

In his first season, Washington posted a record of 45-26-11 (101 points), reaching the 100 point mark for the eighth time in team history and the first since the 2010-11 season.

In his previous role, MacLellan oversaw the club’s professional scouting staff and worked closely with the team’s American Hockey League affiliate, the Hershey Bears, who won the Calder Cup in 2006, 2009 and 2010. MacLellan, who served as a pro scout for the Capitals from 2000-03 prior to his promotion to director of player personnel, assisted and advised the general manager in all player-related matters.

MacLellan, who won a Stanley Cup with the Calgary Flames in 1989, recorded 413 points (172 goals, 241 assists) in 606 games during his 10-year NHL career with the Los Angeles Kings, New York Rangers, Minnesota North Stars, Calgary Flames and Detroit Red Wings. MacLellan also won a silver medal with Team Canada at the 1985 World Championship in Prague.

The Guelph, Ont., native played hockey at Bowling Green State University from 1978-82, registering 143 points (64g, 79a) in 160 games. MacLellan’s 345 career penalty minutes rank sixth in school history. The 6’3” forward earned 63 points his freshman year, marking the second most points by a freshman in school history. During his junior season, MacLellan moved to defense and was named an All-American defenseman and First-Team All-CCHA in 1982. MacLellan served as co-captain for the Falcons from 1980-82. He was elected to the Bowling Green Athletic Hall of Fame in 1987. MacLellan graduated with a bachelor of science in business administration from Bowling Green and earned his MBA with a concentration in finance from the University of St. Thomas in 1995. He went on to work for an investment consulting firm in Minneapolis before joining the Capitals as a pro scout.

In the 2016-17 season, the Capitals won their second consecutive Presidents’ Trophy, marking the seventh time in NHL history a team has won the Presidents’ Trophy in consecutive seasons. Washington posted a 55-19-8 record, marking the second-most wins and third-most points (118) in a season in franchise history. The Capitals recorded 55 wins in two straight seasons (2015-16: 56, 2016-17: 55), joining the Montreal Canadiens (1975-76) as the only teams in NHL history to win 55 or more games in consecutive seasons. Washington also earned 238 points in the prior two seasons at the time, marking the most points in two straight seasons since Montreal recorded 244 points from 1977-79.
Insurance coverage for every faceoff.

No matter what you’re up against, getting the right insurance coverage can be complicated. Insurance Office of America is one of the fastest-growing agencies in the United States because we focus on you and your unique needs. Get with an IOA advisor today to have the peace of mind in knowing you can face whatever lies ahead with confidence. We’ve got you covered.

Call us today at 800.243.6899 or visit www.ioausa.com.
Don Fishman is in his 16th season with the Washington Capitals and 12th as assistant general manager and director of legal affairs. In this role, he handles player contract negotiations, player contract research and analysis, the club’s day-to-day salary cap position, team salary cap strategic planning, the salary arbitration process, NHL and team salary cap analysis, and interpretation of NHL/NHLPA Collective Bargaining Agreement (CBA) issues. Fishman also assists the club’s general manager with the day-to-day operations of the Capitals hockey operations department such as roster issues, player movement, preseason and regular season scheduling, budgeting, and training camp planning.

Fishman, who spent two seasons as director of legal affairs and hockey administration before his appointment to assistant general manager, also helped lead the organization’s efforts on a number of other special projects, including attracting 2016 World Cup of Hockey exhibition games to Washington, bringing the United States Men’s Olympic Hockey Team Orientation Camp to the Capitals’ Arlington, Virginia training facility in 2013, and bringing American Hockey League regular season games to Washington in 2012 and 2014. Fishman was also involved with the planning for the three outdoor hockey games involving the Capitals, 2011 Winter Classic (Pittsburgh), 2015 Winter Classic (Nationals Park), and 2018 Stadium Series game (Annapolis). Finally, Fishman serves as legal counsel for the Capitals organization generally.

Prior to joining the Capitals, Fishman served as general counsel of two Washington, D.C. city government agencies. In his role with District government, he worked as part of the local host committee that successfully bid for the NCAA Men’s Hockey Frozen Four, held in Washington, D.C. in 2009. Fishman also worked as a corporate and communications lawyer in Washington and Los Angeles with Latham & Watkins and Ervin, Cohen & Jessup. Fishman, a native Washingtonian, graduated with an economics degree from Harvard College, where he also served as the radio voice of Harvard Hockey, and a law degree from UCLA School of Law. Fishman has also coached local youth hockey for nearly a decade and helped found (2018) and continues to coach D.C.’s first public middle school ice hockey team at Alice Deal Middle School (DCPS).

Ross Mahoney is in his seventh season as assistant general manager with Washington. Mahoney served as the Capitals’ director of amateur scouting for the prior 16 seasons. As assistant general manager, Mahoney is responsible for the NHL Entry Draft, the club’s developmental programs, evaluations of opposing teams prospects and oversees the organization’s amateur scouting staff. In Game 5 of the 2018 Stanley Cup Final, 12 players, all drafted during Mahoney’s tenure, were in the lineup.

Prior to joining the Capitals, Mahoney was a scout with the Buffalo Sabres and Vancouver Canucks. He has coaching experience with the University of Regina, the Western Hockey League’s Regina Pats and at the international level. He twice coached Team Western in the World Under-17 Challenge. In 1995, he coached Team Saskatchewan to the gold medal at the Canadian Winter Games.

Mahoney earned a degree in education from the University of Regina, where he played hockey for the Cougars. After graduating, he spent 17 years as a teacher.

Mahoney played junior hockey for the Tier II Regina Pat Blues and the Regina Pats in the WHL. He also played four years at the University of Regina, helping lead his team to two national finals. Mahoney was inducted as a player in the Saskatchewan Baseball Hall of Fame in 1997 and in the Saskatchewan Sports Hall of Fame in 1999.

Mahoney and his wife, Traci, reside in Regina, Saskatchewan. He has a son, Michael, and a daughter, Katie.
MAKE EVERY SNACK A POWER PLAY

Available at The eXchange in Section 214
Laviolette, 56, is in his first season with the Capitals after becoming the 19th head coach in franchise history. Laviolette brings 18 years of NHL head coaching experience to the organization, having previously coached the New York Islanders (2001-03), the Carolina Hurricanes (2003-08), the Philadelphia Flyers (2009-13) and the Nashville Predators (2014-20). Laviolette has compiled a career coaching record of 637-425-25-123 and ranks second in wins among U.S. born coaches and 16th overall in NHL history.

Laviolette became the fourth American-born coach to win the Stanley Cup in 2006 with Carolina. In his career, Laviolette has led 11 teams to postseason appearances and has an overall record of 75-68 in the playoffs. Laviolette is the fourth coach in NHL history to lead three different teams to the Stanley Cup Final (Carolina: 2006; Philadelphia: 2010; Nashville: 2017), joining Dick Irvin, Scotty Bowman and Mike Keenan.

Laviolette-coached teams have consistently ranked well offensively and defensively. In 13 full seasons, his teams have ranked in the top 10 in goals seven times. In six seasons with Nashville, Laviolette led the Predators to 248 wins. In his first season in Nashville in 2014-15, the Predators improved by nine wins and 16 points in the standings, with Laviolette and his staff representing the team at the All-Star Game. In the spring of 2017, the Laviolette-led Predators became the third club seeded lowest in its conference to advance to the Stanley Cup Final since the League adopted the conference-based playoff format in 1994. The club followed that up with the best record in franchise history (53-18-11, 117 points), a Presidents’ Trophy and a Central Division title in 2017-18. In six seasons under Laviolette, the Predators ranked fourth (excluding Vegas) in the NHL with a .521 shot attempt percentage at five-on-five (19,082 shot attempts for, 17,565 against). Additionally, Nashville was tied with Los Angeles for the least amount of goals against in the NHL (1,051) in his five full seasons.

With each of his previous NHL coaching stops, the team saw an overall improvement from their season prior to his arrival. The Islanders finished with 96 points and the eighth-best record in the League in 2001-02 after finishing the previous season 30th in the NHL with 52 points. In 2005-06, Laviolette’s first full season with the Hurricanes, Carolina finished with 112 points and captured the Stanley Cup after finishing with 76 points the year prior. With Philadelphia, the Flyers improved to 106 points in 2010-11 after finishing with 88 points in 2009-10. Laviolette led the Predators to 104 points in his first season in 2014-15 from 88 points the season prior.

Internationally, Laviolette has coached Team USA at the World Championship in 2004, 2005 and 2014. He has also represented his country in four Olympic Games, first as a player in the 1988 Calgary Games and the 1994 Lillehammer Games, then as a head coach at the 2006 Torino Games, and as an assistant at February’s 2014 Sochi Games.

After recording 268 points (78g-190a) in 594 minor-league games in the American and International hockey leagues (Indianapolis, Colorado, Denver, Flint, Binghamton, Providence and San Diego) from 1986-97, and appearing in 12 games for the New York Rangers in 1988-89, Laviolette began his coaching career with the ECHL’s Wheeling Nailers in 1997. After posting a 37-24-9 record and reaching the conference finals in his rookie coaching season, he was hired as head coach of the AHL’s Providence Bruins, and led the team to an AHL-best 56-16-4-4 record and a Calder Cup in 1998-99, just one season after the team had gone 19-49-7-5 and finished last in the league. Following the 1999-2000 season, the 1999 AHL Coach of the Year was promoted to assistant coach of the parent Boston Bruins, which he held for a single campaign (2000-01) before starting his NHL head coaching career with the Islanders in 2001-02.

A native of Franklin, Mass., and graduate of Westfield State College, Laviolette and his wife, Kristen, have three children – sons Peter and Jack, and daughter Elisabeth.
COACHING STAFF

SCOTT ARNIEL
ASSISTANT COACH

Arniel, 58, is in his third season as an assistant coach with the Capitals after spending the prior five seasons as an associate coach with the New York Rangers. Arniel has more than 18 years of professional coaching experience, which includes serving as head coach for the Columbus Blue Jackets from 2010-12.

The Kingston, Ont., native compiled a 218-136-21-21 record in five seasons as head coach in the American Hockey League with the Chicago Wolves and the Manitoba Moose. Arniel guided the Moose to the Calder Cup Final in 2009 after posting franchise records with 50 wins and 107 points to finish atop the AHL standings. Arniel captured the Louis A.R. Pieri Memorial Award that season as the AHL Coach of the Year.

Arniel also served as an assistant coach with the Buffalo Sabres (2002-06) and with the Manitoba Moose (1999-2002).

Prior to joining the coaching ranks, Arniel won two Memorial Cup Championships with the Cornwall Royals in the QMJHL and won a gold medal in the 1982 World Junior Championship, Canada’s first-ever gold medal in the tournament. Arniel appeared in 730 NHL games with the Winnipeg Jets (1981-86; 1990-91), Buffalo Sabres (1986-90), and Boston Bruins (1991-92), registering 338 points (149g, 189a) in 11 seasons.

Arniel was originally selected by Winnipeg in the second round, 22nd overall, in the 1981 Entry Draft. Arniel and his wife, Lia, have a son, Brendan, and a daughter, Stephanie.

BLAINE FORSYTHE
ASSISTANT COACH

Blaine Forsythe is in his 15th season with Washington and his 12th as an assistant coach. Forsythe is responsible for the Capitals power play and the team’s centers.

Over the last six seasons, the Capitals have converted on 318 of their 1,431 power play opportunities (22.2 percent), ranking second in power play percentage.

During the Capitals’ Stanley Cup run, Washington opened up its first six playoff games with a power play goal, marking the first time since 1989 the Capitals recorded a power play goal in six straight playoff games. The Capitals power play converted on 22 of their 75 opportunities (29.4 percent), the most power play goals in a postseason over the last eight seasons.

The Capitals have ranked in the top-10 in the NHL in power-play percentage six of the last eight seasons and top-five in five of the last eight, including the top-ranked unit in 2012-13, 2013-14 and 2014-15. In addition, Forsythe took over the responsibility of working with the team’s centers prior to the 2014-15 season. He helped improve the team’s faceoff win percentage from 48.4% (19th) in 2013-14 to 51.2% (12th) in 2014-15.

KEVIN MCCARTHY
ASSISTANT COACH

McCarthy, 63, joins Washington after spending the previous six seasons with the Nashville Predators, the first three as an assistant coach and the last three as an associate coach.

The Winnipeg native brings more than 30 years of professional coaching experience, which includes assistant positions with the Hartford Whalers/Carolina Hurricanes, the Philadelphia Flyers and Nashville. McCarthy has coached three separate teams to the Stanley Cup Final (Carolina in 2002 and 2006, Philadelphia in 2010 and Nashville in 2017), winning in 2006 with Carolina.

In addition to his NHL coaching experience, McCarthy served as Philadelphia’s director of player development from 1990 to 1992. McCarthy also has compiled a record of 186-153-47-14 in five seasons as a head coach in the American Hockey League, which includes the Hershey Bears (1989-90), the Springfield Falcons (1995-97) and the New Haven Beast (1997-99).

Prior to joining the coaching ranks, McCarthy appeared in 527 NHL games with Philadelphia (1977-79; 1985-87), the Vancouver Canucks (1978-84), and the Pittsburgh Penguins (1983-85), registering 258 points (67g, 191a) in 10 seasons. He was the captain of Vancouver from 1979-82 and was named a starter in the 1981 NHL All-Star Game. McCarthy was originally selected by Philadelphia in the first round, 17th overall, in the 1977 Amateur Draft.

McCarthy and his wife, Rhonda, have three daughters: Melissa, Meaghan and Mallory, and three grandchildren: Cannon, Pryce and Chase.

Forsythe joined the Capitals as a video coach prior to the 2006-07 season and was an integral member of the Capitals staff that helped lead the Capitals to the 2007-08 Southeast Division championship. He was promoted to a position as an amateur scout in 2008-09 before returning to the coaching staff in 2009-10. In his first season back as an assistant coach, Forsythe led the team’s video coaching operations and helped the team win the Presidents’ Trophy and the Southeast Division championship.

Prior to joining the Washington organization, the Calgary, Alberta, native worked for the Calgary Hitmen from 1998-2006, where he served as both an assistant general manager (1998-06) and an assistant coach (2002-06). Forsythe helped lead Calgary to a WHL championship in 1999.

Forsythe received a business degree from the University of Minnesota and played Division II hockey at the University of Minnesota, Crookston. He played junior hockey with the CJHL’s Pembroke Lumber Kings in Pembroke, Ontario.

Forsythe and his wife, Ivy, reside in Arlington. He has a daughter, Sloan, and a son, Bodhi.
Become a MEMBER FOR A DAY!

TRY DC’S FAVORITE GYM
VOTED #1 BY WASHINGTON CITY PAPER & WASHINGTONIAN

LEARN MORE AT VIDAFITNESS.COM/BECOMEAMEMBER
SCOTT MURRAY
GOALTENDING COACH

Scott Murray is in his fourth season as the Capitals’ goaltending coach. Murray previously spent four seasons with the Hershey Bears.

Over the last three seasons, Capitals goaltenders have combined for 138 wins, the third most wins in the NHL.

During the 2019-20 season, Murray worked with Braden Holtby and Ilya Samsonov. Holtby ranked eighth in the NHL in wins (25) and was named to the NHL All-Star Game for the fifth straight season. Murray guided rookie goaltender Samsonov to a 16-6-2 record, and he ranked second among NHL rookie goaltenders in wins. Samsonov became the first netminder in franchise history to record 10 wins within his first 12 starts (10-2-1) and the second goaltender in NHL history to win his first 10 road decisions.

During the Capitals’ 2017-18 Stanley Cup-winning season, Murray helped Holtby set a franchise record for most wins in the postseason and lead all NHL goalies in goals-against average (2.16) during the playoffs.

Murray joined the Capitals organization in 2013 after spending four seasons as the goaltending coach for the Sudbury Wolves of the Ontario Hockey League. Murray, 40, played hockey collegiately at Lake Superior State University. The St. Clements, Ontario, native also played for the San Angelo Saints (Central Hockey League) and Motor City Mechanics (United Hockey League) during his professional career.

Murray and his wife Renee have three children, a son Tylar, and two daughters, Ella and Liv.

BRETT LEONHARDT
ASSISTANT COACH - VIDEO

Brett Leonhardt is in his ninth season as the Capitals’ video coach and third as an assistant coach.

Leonhardt spent two seasons in the NHL office in Toronto as their video manager for hockey operations beginning in 2011. In his role, he was responsible for breaking down and handling all video for rule changes, video reviews, officiating issues and more.

Prior to his time with the NHL, Leonhardt received a bachelor of arts in communications and media arts at Neumann University and was a recipient of the John A. Phillips Scholar-Athlete Award as well as the John Facenda Award for excellence in communication arts. He played hockey collegiately at both Neumann University and Oswego State University after spending three seasons playing for the Cambridge Winterhawks and Kitchener Dutchmen of the GOJHL.

Leonhardt was born in Kitchener, Ont. He and his wife Logan, a DCPS kindergarten teacher at Janney Elementary, reside in Ashburn, Va., with their twin boys, Beckham and Lennox.

JARED ELENBERGER
VIDEO COORDINATOR

Jared Elenberger is in his first year with the Capitals as a video coordinator. Elenberger previously worked as a video coach for the Hershey Bears during the 2019-20 season and worked as a coaching intern with the Capitals in 2017-18.

Prior to his time with the Capitals, Elenberger earned a bachelor’s degree in business administration from Gonzaga University in Spokane, Wash. Elenberger also earned his master’s in sport industry management at Georgetown University.

During his time in college, Elenberger volunteered as an instructor for the Gonzaga Exceptional Bulldogs, Spokane’s Special Hockey program through the American Special Hockey Association, and as a club basketball coach. Additionally, during his time at Georgetown, Elenberger worked as a marketing intern with the Capitals during the 2016-17 season and worked as a basketball operations intern for the summer of 2017 with the Washington Wizards.

Elenberger was born and raised in Folsom, Calif. He currently resides in Arlington, Va.

MICHAEL Peca
PLAYER DEVELOPMENT COACH

Michael Peca, 46, is in his first season with the Capitals as the team’s player development coach. Peca primarily works with the Capitals Taxi Squad and as a skills development coach. Peca, a two-time winner of the Frank J. Selke Trophy (1997, 2002) and an Olympic gold medal winner (Salt Lake City in 2002 with Team Canada), appeared in a total of 864 NHL games with six teams: Vancouver, Buffalo, New York Islanders, Edmonton, Toronto and Columbus. In his NHL career, Peca scored 176 goals and 289 assists for 465 points, and recorded a career +66 and 798 penalty minutes. He also played on 10 playoff teams and two Stanley Cup finalists in his career.

Peca was the head coach of the Buffalo Jr. Sabres in the Ontario Jr. Hockey League from 2012-14, where he coached the team to a 69-18-11 record in his two years.
State-of-The-Art Technology Brings Fans Closer To The Action

With one of North America’s largest continuous 360-degree centerhung scoreboard, we’re revolutionizing the fan experience, bringing you more live action, scores and stats. Together with our amazing new DualTV double-sided LED boards, and a first-of-its kind 360-degree HD SkyRing at the top of our Arena, you won’t miss a thing!

Mouth Watering New Concessions

We’ve continued our updates to the concourse with brand new concessions, including The Exchange, a walk-in market, Over The Top, a modern new approach to quick concessions, Devils Backbone Brewing Company craft brewhouse and new food options from chicken to pizza. We’re continuing our partnerships with some of the top chefs of the District, bringing exceptional food to the entertainment experience.

For more information, visit capitalonearena.com
KETTLER

PROUD PARTNERS OF

WASHINGTON WIZARDS
capitals
mystics

INSPIRATION. FROM THE GROUND UP.

KETTLERLOFTLEVEL.COM
The Washington Capitals ushered in a new era for the franchise in 2006 with the opening of MedStar Capitals Iceplex, a community ice rink in Arlington, Va., that serves as the Capitals’ training facility and home to the team’s administrative offices. The project, a joint venture between the Washington Capitals and Arlington County, is located on the eighth level of the parking garage attached to Ballston Quarter.

The 137,000-square-foot facility includes two NHL-size ice rinks with seating for approximately 1,200, office space, two pro shops, a snack bar, media facilities and additional space for special events. The 20,000-square-foot, state-of-the-art training center for the Capitals features a large weight and fitness room, extensive athletic-training and medical facilities, spacious locker-room and lounge areas, a theater-style classroom and a high-tech video room.

MedStar Capitals Iceplex hosted Capitals training camp for the 14th year in 2020. It has also played host to 13 Capitals summer development camps and the unveiling of the team’s new logos and jerseys in 2007. In 2013, MedStar Capitals Iceplex hosted the United States Olympic Men’s National Team Orientation Camp, designed to assist in the preparation of the 2014 U.S. Olympic Men’s Ice Hockey Team that competed at the XXII Olympic Winter Games in Sochi, Russia. It also hosted the U.S. Under-18 Select Team and U.S. Under-17 Select Team in 2015.

The structure was built atop the existing seven-story public parking garage at the corner of North Glebe Road and North Randolph Street in the heart of Ballston. The $42.8 million project, designed by Architecture Inc. of Reston, Va., included the addition of an eighth level of parking to the garage. MedStar Capitals Iceplex is the only rink in the United States built eight or more stories above street level.

The facility is the first indoor ice rink inside the Capital Beltway in Virginia and just the second facility of its kind anywhere inside the Beltway (Ft. DuPont Ice Rink in D.C. is the other). With the Orange and Silver Line reaching the Ballston Metro Station nearby, MedStar Capitals Iceplex is the only community rink located on the Metrorail system.

The two ice sheets offer an estimated 12,000 hours of ice time per year for use by youth, high school and college hockey teams, figure skating, synchronized skating, recreational skating, learn-to-skate programs and broomball. The Washington Little Capitals, a top tier 1 program, play at the facility as well as the recently developed Capitals Hockey Academy Travel teams and Rooftop Hockey House League. At least 500 hours of ice time are donated by the Capitals to Arlington County to offer the economically disadvantaged and physically and mentally challenged members of the community an opportunity to use the facility.
FORWARDS
Nicklas Backstrom 19
Daniel Carr 28
Nic Dowd 26
Lars Eller 20
Carl Hagelin 62
Garnet Hathaway 21
Evgeny Kuznetsov 92
Philippe Maillet 16
Connor McMichael 24
T.J. Oshie 77
Alex Ovechkin 8
Richard Panik 14
Brian Pinho 64
Michael Sgarbossa 23
Conor Sheary 73
Daniel Sprong 10
Jakub Vrana 13
Tom Wilson 43

DEFENSE
John Carlson 74
Zdeno Chara 33
Brenden Dillon 4
Martin Fehervary 42
Nick Jensen 3
Michal Kempny 6
Dmitry Orlov 9
Justin Schultz 2
Jonas Siegenthaler 34
Trevor van Riemsdyk 57

GOALIES
Craig Anderson 31
Pheonix Copley 1
Zach Fucale 39
Ilya Samsonov 30
Vitek Vanecek 41
### January

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
<td>9</td>
</tr>
<tr>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### February

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
<tr>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### March

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### April

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### May

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td></td>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
</tr>
</tbody>
</table>

### 2020-21 Washington Capitals Schedule

- **January**
- **February**
- **March**
- **April**
- **May**

**Note:** All games are held at 7:00 PM Eastern Time, unless otherwise noted.
2020-21 ROSTER

**CRAIG ANDERSON**  
Goaltender  
Height: 6'3" | Weight: 184  
Birthday: 5/21/81  
Birthplace: Park Ridge, Illinois

**NICKLAS BACKSTROM**  
Center  
Height: 6'1" | Weight: 206  
Birthday: 11/23/87  
Birthplace: Gavle, Sweden

**JOHN CARLSON**  
Defenceman  
Height: 6'3" | Weight: 215  
Birthday: 1/10/90  
Birthplace: Natick, Massachusetts

**DANIEL CARR**  
Left Wing  
Height: 6'0" | Weight: 186  
Birthday: 11/1/91  
Birthplace: Sherwood Park, Alberta
Our innovative energy solutions power homes, businesses, organizations and government agencies.

We're proud to be the official energy and greening partner for:

CapitolOne Arena
Washington Wizards
Washington Capitals
Washington Mystics

HEY CAPS FANS...
SHOW US YOUR ENERGY!
2020-21 ROSTER

**ZDENO CHARA**  
**DEFENSEMAN**  
Height: 6’9” | Weight: 250  
Birthday: 3/18/77  
Birthplace: Trencin, Slovakia

**PHOENIX COPLEY**  
**GOALTENDER**  
Height: 6’4” | Weight: 198  
Birthday: 1/18/92  
Birthplace: North Pole, Alaska

**BRENDEN DILLON**  
**DEFENSEMAN**  
Height: 6’4” | Weight: 220  
Birthday: 11/13/90  
Birthplace: New Westminster, British Columbia

**NIC DOWD**  
**CENTER**  
Height: 6’1” | Weight: 192  
Birthday: 5/27/90  
Birthplace: Huntsville, Alabama
Sabra

FRESH FLAVOR. FEELS GOOD.

Sabra SNACKERS

CLASSIC HUMMUS with PRETZELS

NET WT. 4.56 OZ (129g)

OFFICIAL HUMMUS of the CAPITAL ONE ARENA
**2020-21 ROSTER**

**LARS ELLER**
Center
Height: 6’2” | Weight: 208
Birthday: 5/8/89
Birthplace: Rodovre, Denmark

**MARTIN FEHERVARY**
Defenseman
Height: 6’2” | Weight: 202
Birthday: 10/6/99
Birthplace: Bratislava, Slovakia

**ZACH FUCALE**
Goaltender
Height: 6’2” | Weight: 187
Birthday: 5/28/95
Birthplace: Laval, Quebec

**CARL HAGELIN**
Left Wing
Height: 5’11” | Weight: 185
Birthday: 8/23/88
Birthplace: Sodertalje, Sweden
GAME ON!

ALL OF DC SPORTS IN ONE APP!
21
GARNET HATHAWAY
RIGHT WING
Height: 6'2" | Weight: 212
Birthday: 11/23/91
Birthplace: Kennebunkport, Maine

3
NICK JENSEN
DEFENSEMAN
Height: 6'1" | Weight: 205
Birthday: 9/21/90
Birthplace: Rogers, Minnesota

6
MICHAL KEMPNY
DEFENSEMAN
Height: 6'1" | Weight: 195
Birthday: 9/8/90
Birthplace: Hodonin, Czech Republic

92
EVGENY KUZNETSOV
CENTER
Height: 6'1" | Weight: 205
Birthday: 5/19/92
Birthplace: Chelyabinsk, Russia
**2020-21 ROSTER**

**PHILIPPE MAILLET**
**CENTER**
- Height: 5’11”
- Weight: 174 lbs
- Birthplace: Lachenaie, Quebec
- Birthday: 11/7/92

**DMITRY ORLOV**
**DEFENSEMAN**
- Height: 5’11”
- Weight: 211 lbs
- Birthplace: Novokuznetsk, Russia
- Birthday: 7/23/91

**CONNOR McMICHAELE**
**CENTER**
- Height: 6’0”
- Weight: 183 lbs
- Birthplace: Ajax, Ontario
- Birthday: 1/15/01

**TJ OSHIE**
**RIGHT WING**
- Height: 5’11”
- Weight: 196 lbs
- Birthplace: Everett, Washington
- Birthday: 12/23/86
8
ALEX
OVECHKIN
LEFT WING
Height: 6'3" | Weight: 238
Birthday: 9/17/85
Birthplace: Moscow, Russia

14
RICHARD
PANIK
LEFT WING
Height: 6'2" | Weight: 203
Birthday: 2/7/91
Birthplace: Martin, Slovakia

64
BRIAN
PINHO
CENTENER
Height: 6'1" | Weight: 190
Birthday: 5/11/95
Birthplace: Beverly, Massachusetts

30
ILYA
SAMSONOV
GOALTENDER
Height: 6'3" | Weight: 200
Birthday: 2/22/97
Birthplace: Magnitogorsk, Russia
2020-21 ROSTER

2

JUSTIN SCHULTZ
DEFENSEMAN
Height: 6'2" | Weight: 186
Birthday: 7/6/90
Birthplace: Kelowna, British Columbia

23

MICHAEL SGARBOSSA
CENTER
Height: 6'0" | Weight: 182
Birthday: 7/25/92
Birthplace: Campbellville, Ontario

73

CONOR SHEARY
RIGHT WING
Height: 5'9" | Weight: 178
Birthday: 6/8/92
Birthplace: Winchester, Massachusetts

34

JONAS SIEGENTHALER
DEFENSEMAN
Height: 6'3" | Weight: 211
Birthday: 5/6/97
Birthplace: Zurich, Switzerland
2020-21 ROSTER

**VITEK VANECEK**
**GOALTENDER**
Height: 6'2" | Weight: 187
Birthday: 1/9/96
Birthplace: Havlickuv Brod, Czech Republic

**JAKUB VRANA**
**LEFT WING**
Height: 6'0" | Weight: 197
Birthday: 2/28/96
Birthplace: Prague, Czech Republic

**DANIEL SPRONG**
**RIGHT WING**
Height: 6'0" | Weight: 200
Birthday: 3/17/97
Birthplace: Amsterdam, Netherlands

**TREVOR VAN RIEMSDYK**
**DEFENSEMAN**
Height: 6'3" | Weight: 188
Birthday: 7/24/91
Birthplace: Middletown, New Jersey
TOM WILSON
RIGHT WING

Height: 6'4" | Weight: 220
Birthday: 3/29/94
Birthplace: Toronto, Ontario
The Capitals’ AHL affiliate have a 3-1-2-0 record through their first six games and sit in fourth place in the AHL’s North Division. The Bears’ roster features 10 Capitals’ draft picks, and two prospects playing in their first season in the AHL. Garrett Pilon (third-round choice, 87th overall, in the 2016 NHL Draft) leads Capitals’ prospects with five points, while 2019 first-round pick Connor McMichael leads the team in goals.

### Hershey Bears Update

<table>
<thead>
<tr>
<th>SKATER</th>
<th>TEAM</th>
<th>POS</th>
<th>GP</th>
<th>G</th>
<th>A</th>
<th>PTS</th>
<th>PIM</th>
<th>+/-</th>
<th>S</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hendrix Lapierre</td>
<td>Chicoutimi QMJHL</td>
<td>C</td>
<td>9</td>
<td>4</td>
<td>10</td>
<td>14</td>
<td>4</td>
<td>-2</td>
<td>5</td>
</tr>
<tr>
<td>Mattias Grotten</td>
<td>Hershey</td>
<td>D</td>
<td>4</td>
<td>0</td>
<td>2</td>
<td>6</td>
<td>1</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Shane Gensch</td>
<td>Hershey</td>
<td>L</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>-2</td>
<td>5</td>
</tr>
<tr>
<td>Lucas Johansen</td>
<td>Hershey</td>
<td>L</td>
<td>5</td>
<td>0</td>
<td>2</td>
<td>2</td>
<td>2</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>Axel Johnson-Flajhei</td>
<td>Hershey</td>
<td>L</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>-2</td>
<td>5</td>
</tr>
<tr>
<td>Paal LaDue</td>
<td>Hershey</td>
<td>D</td>
<td>3</td>
<td>0</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Brett Leason</td>
<td>Hershey</td>
<td>R</td>
<td>6</td>
<td>1</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>-2</td>
<td>13</td>
</tr>
<tr>
<td>Beck Malenstyn</td>
<td>Hershey</td>
<td>L</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Connor McMichael</td>
<td>Hershey</td>
<td>C</td>
<td>6</td>
<td>4</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>1</td>
<td>20</td>
</tr>
<tr>
<td>Garrett Pilon</td>
<td>Hershey</td>
<td>C</td>
<td>6</td>
<td>0</td>
<td>5</td>
<td>5</td>
<td>2</td>
<td>2</td>
<td>16</td>
</tr>
<tr>
<td>Damien Riat</td>
<td>Hershey</td>
<td>L</td>
<td>6</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>1</td>
<td>9</td>
</tr>
<tr>
<td>Cameron Schilling</td>
<td>Hershey</td>
<td>D</td>
<td>4</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>13</td>
</tr>
<tr>
<td>Mike Sgarbossa</td>
<td>Hershey</td>
<td>C</td>
<td>5</td>
<td>3</td>
<td>1</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>18</td>
</tr>
<tr>
<td>Joe Slivny</td>
<td>Hershey</td>
<td>C</td>
<td>6</td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>0</td>
<td>4</td>
<td>17</td>
</tr>
<tr>
<td>Riley Sutter</td>
<td>Hershey</td>
<td>R</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>2</td>
<td>-2</td>
<td>4</td>
</tr>
<tr>
<td>zach fucale</td>
<td>Hershey</td>
<td>C</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>-1</td>
<td>8</td>
</tr>
</tbody>
</table>

### Featured Prospects

**Connor McMichael**

McMichael recorded his first professional hat trick with Hershey on Feb. 20, scoring all three goals in a 3-1 win over Wilkes-Barre/Scranton. McMichael leads Hershey in goals (4) and ranks tied for second on the team in points (4). Additionally, his four goals are tied for the second-most among AHL rookies and his two game-winning goals rank tied for first among all skaters. The 6’0”, 183-pound center made his NHL and Capitals debut on Jan. 24 against Buffalo and logged 5:46 time on ice and recorded one shot on goal. McMichael earned a Silver media with Team Canada at the 2021 World Junior Championship, where he recorded eight points (4g, 4a) in seven games.

**Alexander Alexeyev**

Alexeyev has appeared in 54 of Salavat Yulaev Ufa’s 59 games this season, tied for the most among the team’s defensemen. Alexeyev’s 16 points (8g, 8a) rank second among Salavat Yulaev Ufa defensemen and his 17:56 time on ice per game is the third-highest average among defensemen. Additionally, he leads the team’s defensemen in shooting percentage (12.7 percent) and ranks tied for second in game-winning goals (2). Alexeyev, the Capitals’ first-round choice, 31st overall, in the 2018 NHL Draft, was named the KHL’s Rookie of the Month for January, after recording seven points (4g, 3a) and a +6 plus/minus rating in 11 games.

**Hendrix Lapierre**

Lapierre, the Capitals’ first-round choice, 22nd overall, in the 2020 NHL Draft, ranks first on Chicoutimi in points per game (1.56) and fifth in the QMJHL. Lapierre is tied for fifth on Chicoutimi in points (14), despite appearing in only nine of the team’s 17 games this season. Lapierre opened his season with a four-point effort (2g, 2a) against Shawinigan on Oct. 2 and recorded a season-high three assists against Shawinigan on Oct. 11. The 6’0”, 187-pound center is currently on a two-game point streak (3g, 2a).

### Additional Notes

Garrett Pilon leads Hershey with five assists through the first six games of the season. Last season Pilon didn’t register his fifth assist until his 20th game of the year.

Bobby Nardella, who ranked second among Hershey defensemen in points with 31 (4g, 27a) in 2019-20, leads Djurgårdens IF (SHL) in points with 27 (6g, 21a) in 41 games this season.

Alikaike Protas, the Capitals’ third-round choice, 91st overall, in the 2019 NHL Draft, ranks tied for eighth on Dinamo Minsk (KHL) in points with 18 (10g, 8a).

Zach Fucale stopped 34 of 35 shots faced in his Hershey debut against Wilkes-Barre/Scranton on Feb. 20, earning a 3-1 win. His 34 saves were the most saves he’s made in an AHL game since April 9, 2016 as a member of the St. John’s IceCaps (47 saves).

Damien Riat, the Capitals’ fourth-round choice, 117th overall, in the 2016 NHL Draft, scored his first career AHL goal against Binghamton on Feb. 17.
Fresh Vine
NAPA, CALIFORNIA

Proud Partner of the Washington Capitals

Premium Wines
Low Carb
Keto & Vegan Friendly
Low Sugar
Gluten Free
Low Calorie

The perfect pairing to your active lifestyle.

@FreshVineWine

Order some wines for the next game at www.FreshVineWine.com
The Capital Impact Fund was established to raise funds to provide resources to organizations that help provide access to the game of hockey. By focusing on eliminating cost barriers, the goal is to ensure that anyone who wants to play, watch, teach, officiate, or otherwise engage with the sport of hockey can. The objective is access in all forms and will concentrate, but not be limited to: equipment, ice time, school programs, program fees and access to the game.

Fans are able to contribute to the fund at washcaps.com/blackhockey. Initially, the Capitals will identify organizations that will benefit from the fund with the goal of eventually moving to an application process for grants.

How far does your donation go? Below is an explanation of the typical costs to accessing the game of hockey.

**PLAYING THE GAME**

**On-Ice**
- **USA Hockey Membnership and Affiliate Fee:** $54 per season (for one player)
- **Average Ice Time Cost:** $350 per hour
- **Future Caps Learn to Play Program:** $209 - $299 (depending on rink)  
  *Program includes full equipment and 8 classes of lessons*
- **Program Fees:** $500 - $5,000 (depending on program)

**Off-Ice**
- **Street Hockey Stick & Ball:** $15
- **Street Hockey Set:** $40  
  2 sticks, 1 net, 1 ball, 1 puck

**COACHING THE GAME**

- **USA Hockey Membership:** $54 per season (for one coach)
- **USA Hockey Coaching Certification:** $50 per level (per season)
Kid Power, Inc. is the 2020-21 So Kids Can beneficiary. Nicklas Backstrom, Brenden Dillon, Tom Wilson and Elliot in the Morning’s Elliot Segal participation in the cause.

Through So Kids Can, the players and Segal pledge $50 per Capitals win during the regular-season and $100 per win during the playoffs to Kid Power, Inc.

Fans are also encouraged to donate at WashCaps.com/sokidscan.

Kid Power, Inc. inspires youth leadership by promoting academic advancement, physical and emotional wellness, and positive civic engagement in underserved communities throughout the District of Columbia.

Kid Power is the only nonprofit expanded learning program offering a three-pronged approach to helping underserved D.C. students grow and become engaged leaders in their communities.

Each year, Kid Power helps hundreds of youth succeed academically, empowers them to become engaged leaders and responsible citizens, and fosters healthy living through community gardens. Kid Power students work every day to build a stronger, healthier and more resilient District.

So Kids Can was created in 2008 by former Capitals defenseman Mike Green and Elliot Segal to benefit youth-focused, nonprofit organizations. Backstrom and former Caps forward Brooks Laich joined the cause in 2011, former Caps defenseman Karl Alzner and goaltender Braden Holtby joined in 2015, Wilson joined in 2017 and Dillon joined in 2021.

To date, So Kids Can has donated more than half a million dollars to charity.
# 2020-21 Washington Capitals Score Card

<table>
<thead>
<tr>
<th>Period</th>
<th>Time</th>
<th>Team</th>
<th>Goal</th>
<th>Assist</th>
<th>Assist</th>
<th>Type</th>
<th>On-ice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Three Stars

<table>
<thead>
<tr>
<th>Player</th>
<th>Goals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>3</td>
</tr>
</tbody>
</table>

## Game Info

- **Attendance**:
- **Referee**: 
- **Linesman**: 
- **Assistant**: 

## Capitals Goaltenders

<table>
<thead>
<tr>
<th>Min</th>
<th>Shots</th>
<th>Sv%</th>
<th>GA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Opponent Goaltenders

<table>
<thead>
<tr>
<th>Min</th>
<th>Shots</th>
<th>Sv%</th>
<th>GA</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
VIRGINIA, SPORTS BETTING IS HERE!
GET A RISK FREE BET UP TO $2,021

OFFICIAL SPORTS BETTING PARTNER

VA only. 21+ only. Terms and conditions apply. Gambling problem? Call, text, or chat our confidential and toll-free helpline at 1-888-532-3500. Offer valid until 03/31/2021.