



# WASHINGTON CAPITALS PRESS RELEASE

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## Capitals Announce 2021-22 Training Camp Schedule and Roster

*Caps will hold Media Day on Sept. 23 at MedStar Capitals Iceplex*

*On-ice practices at MedStar Capitals Iceplex are open to the public and free of charge*

**ARLINGTON, Va.** – The Washington Capitals will begin their 2021-22 Training Camp, presented by MedStar Health, at MedStar Capitals Iceplex with Caps Media Day on Thursday, Sept. 23, senior vice president and general manager Brian MacLellan announced today.

This marks the Capitals' 15th training camp at MedStar Capitals Iceplex, the Metro-accessible, inside-the-Beltway practice facility that features two NHL-sized rinks. All on-ice sessions will be open to the public and free of charge. Fans attending Caps practices will be required to comply with all applicable regulations and recommendations issued by the Arlington County health authorities. Fans will be required to wear masks for all Capitals practices at MedStar Capitals Iceplex regardless of vaccination status.

Washington's training camp will include 30 forwards, 18 defensemen and six goalies, and will be broken up into two squads (Group A and Group B) and their schedules will vary.

During the training camp and to begin the 2021-22 season, select players and head coach Peter Laviolette will be available to the media in a scrum format outside the Caps locker room following their on and off-ice sessions. Those media members seeking specific players should check with the Capitals media relations department in advance for the best time to gain access to individuals as it will likely change daily. Laviolette will be made available to the media following the final on-ice session of each day.

Per NHL and NHLPA COVID-19 protocols, media members and broadcasters covering Caps practices and games are required to be fully vaccinated and masked at all times in areas occupied by players, coaches and staff. Media attending Caps practices and games will also be required to comply with all applicable regulations and recommendations issued by Arlington County and Washington, D.C. health authorities. Media members interested in attending a practice should direct their request to Chase Pyke in the Capitals communications department ([cpyke@washcaps.com](mailto:cpyke@washcaps.com)) at least 24 hours in advance of practice. Media members will be required to show proof of vaccination to a member of the Capitals communications staff upon arrival to MedStar Capitals Iceplex to obtain a team-issued credential for the 2021 Capitals Training Camp and 2021-22 regular season. Media attending practice at MedStar Capitals Iceplex are required to wear their team-issued credential at all times.

The Capitals complete training camp roster and schedule through the first week is listed below. Training camp will last 20 days with the NHL regular season beginning on Tuesday, Oct. 12. The Capitals will open the season against the New York Rangers at Capital One Arena on Oct. 13 at 7:30 p.m.

### Thursday, Sept. 23

#### CAPITALS MEDIA DAY

Group A practice & off-ice workout – 9:30 a.m. – 11 a.m.  
Group B practice & off-ice workout – 11:50 a.m. – 1:20 p.m.  
Group A: Backstrom, Eller, Sheary, van Riemsdyk, Wilson  
Group B: Carlson, Kuznetsov, Orlov, Oshie, Ovechkin  
Head coach Peter Laviolette  
General Manager Brian MacLellan

#### Media Availability

11 a.m.  
1:20 p.m.  
2 p.m.  
2:15 p.m.

Please contact Chase Pyke in the Capitals PR department to confirm your Media Day attendance ([cpyke@washcaps.com](mailto:cpyke@washcaps.com)).

## 2021-22 Training Camp Schedule (first seven days)

**Wednesday, Sept. 22**

Medical/Testing – No media availability

**Thursday, Sept. 23**

9:30 a.m.  
10 a.m.  
11 a.m.  
11:50 a.m.  
12:20 p.m.  
1:20 p.m.  
2 p.m.  
2:15 p.m.

### 2021 MEDIA DAY

Group A practice (Arlington Rink)  
Group A skate test (Capitals Rink)  
Group A media availability  
Group B practice (Arlington Rink)  
Group B skate test (Capitals Rink)  
Group B media availability  
Head coach Peter Laviolette media availability  
General manager Brian MacLellan media availability

**Friday, Sept. 24**

9:30 a.m.  
10:15 a.m.  
Post-skate  
11:30 a.m.  
12:15 p.m.  
Post-skate

Group A practice (Arlington Rink)  
Group A practice (Capitals Rink)  
Group A media availability  
Group B practice (Arlington Rink)  
Group B practice (Capitals Rink)  
Group B and head coach Peter Laviolette media availability

**Saturday, Sept. 25**

9:30 a.m.  
10:15 a.m.  
Post-skate  
11:30 a.m.  
12:15 p.m.  
Post-skate

Group B practice (Arlington Rink)  
Group B practice (Capitals Rink)  
Group B media availability  
Group A practice (Arlington Rink)  
Group A practice (Capitals Rink)  
Group A and head coach Peter Laviolette media availability

**Sunday, Sept. 26**

**5 p.m.**  
9 a.m.  
9:50 a.m.  
10:50 a.m.  
Post-skate

### Washington vs. Boston (Capital One Arena)

Non-game group practice (Both rinks)  
Non-game group scrimmage (Capitals Rink)  
Non-game group scrimmage (Capitals Rink)  
Non-game group media availability

**Monday, Sept. 27**

9:30 a.m.  
10:15 a.m.  
Post-skate  
11:30 a.m.  
12:15 p.m.  
Post-skate

Group A practice (Arlington Rink)  
Group A practice (Capitals Rink)  
Group A media availability  
Group B practice (Arlington Rink)  
Group B practice (Capitals Rink)  
Group B and head coach Peter Laviolette media availability

**Tuesday, Sept. 28**

9:30 a.m.  
10:15 a.m.  
Post-skate  
11:30 a.m.  
12:15 p.m.  
Post-skate

Group B practice (Arlington Rink)  
Group B practice (Capitals Rink)  
Group B media availability  
Group A practice (Arlington Rink)  
Group A practice (Capitals Rink)  
Group A and head coach Peter Laviolette media availability

\*Schedule subject to change. Updated schedule information will be announced on @CapitalsPR

## 2021-22 Washington Capitals Training Camp Roster

### FORWARDS (30)

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2020-21 Club	League(s)
19	BACKSTROM, Nicklas	6'1"	206	Left	11/23/87	Gavle, Sweden	CAPITALS	NHL
71	CLARK, Kody	6'3"	185	Right	10/13/99	Chicago, Illinois	Hershey	AHL
26	DOWD, Nic	6'1"	192	Right	5/27/90	Huntsville, Alabama	CAPITALS	NHL
20	ELLER, Lars	6'2"	208	Left	5/8/89	Rodovre, Denmark	CAPITALS	NHL
63	GERSICH, Shane	5'11"	180	Left	7/10/96	Chaska, Minnesota	Hershey	AHL
62	HAGELIN, Carl	5'11"	185	Left	8/23/88	Sodertalje, Sweden	CAPITALS	NHL
65	HANELT, Haakon	6'0"	194	Left	6/1/03	Berlin, Germany	Berlin	DEL
21	HATHAWAY, Garnet	6'2"	212	Right	11/23/91	Kennebunkport, Maine	CAPITALS	NHL
55	HUGHES, Bear	6'1"	171	Right	5/30/01	Post Falls, Idaho	Fargo	USHL
45	JONSSON-FJALLBY, Axel	6'1"	194	Left	2/10/98	Stockholm, Sweden	Vasterviks IK/Hershey...Hockey	Allsvenskan/AHL
89	KESSY, Kale	6'3"	212	Left	12/4/92	Shaunavon, Saskatchewan	Hershey	AHL
92	KUZNETSOV, Evgeny	6'1"	205	Left	5/19/92	Chelyabinsk, Russia	CAPITALS	NHL
29	LAPIERRE, Hendrix	6'0"	178	Left	2/9/02	Gatineau, Quebec	Chicoutimi	QMJHL
49	LEASON, Brett	6'5"	225	Right	4/30/99	Calgary, Alberta	Hershey	AHL
47	MALENSTYN, Beck	6'3"	200	Left	2/4/98	Delta, British Columbia	Hershey	AHL
39	MANTHA, Anthony	6'5"	234	Left	9/16/94	Longueuil, Quebec	CAPITALS	NHL
24	McMICHAEL, Connor	6'0"	183	Left	1/15/01	Ajax, Ontario	Hershey	AHL
68	MORELLI, Mason	6'1"	200	Left	2/1/96	Minot, North Dakota	Hershey	AHL
77	OSHIE, T.J.	5'11"	196	Right	12/23/86	Everett, Washington	CAPITALS	NHL
8	OVECHKIN, Alex	6'3"	238	Right	9/17/85	Moscow, Russia	CAPITALS	NHL
40	PILON, Garrett	6'0"	190	Right	4/13/98	Mineola, New York	Hershey	AHL
64	PINHO, Brian	6'1"	190	Right	5/11/95	Beverly, Massachusetts	Hershey	AHL
59	PROTAS, Aliaksei	6'6"	210	Left	1/6/01	Vitebsk, Belarus	Dinamo Minsk/Hershey	KHL/AHL
23	SGARBOSSA, Michael	6'0"	182	Left	7/25/92	Campbellville, Ontario	Hershey	AHL
73	SHEARY, Conor	5'9"	178	Left	6/8/92	Winchester, Massachusetts	CAPITALS	NHL
91	SNIVELY, Joe	5'9"	174	Left	1/1/96	Herndon, Virginia	Hershey	AHL
10	SPRONG, Daniel	6'0"	200	Right	3/17/97	Amsterdam, Netherlands	CAPITALS	NHL
67	SUTTER, Riley	6'4"	207	Right	10/25/99	Calgary, Alberta	Hershey	AHL
36	VECCHIONE, Mike	5'10"	194	Right	2/25/93	Saugus, Massachusetts	Colorado	AHL
43	WILSON, Tom	6'4"	220	Right	3/29/94	Toronto, Ontario	CAPITALS	NHL

### DEFENSEMEN (18)

27	ALEXEYEV, Alexander	6'4"	210	Left	11/15/99	St. Petersburg, Russia	Salavat Yulaev Ufa/Hershey	KHL/AHL
74	CARLSON, John	6'3"	215	Right	1/10/90	Natick, Massachusetts	CAPITALS	NHL
42	FEHERVARY, Martin	6'2"	202	Left	10/6/99	Bratislava, Slovakia	Hershey	AHL
4	FRANSON, Cody	6'5"	227	Right	8/8/87	Sicamous, British Columbia	Rockford	AHL
46	GEISSER, Tobias	6'5"	214	Left	2/13/99	Stans, Switzerland	EV Zug	NL
61	HAS, Martin	6'4"	192	Right	2/2/01	Prague, Czech Republic	HC Benatky nad Jizerou	Czech2
28	IORIO, Vincent	6'3"	191	Right	11/14/02	Coquitlam, British Columbia	Brandon	WHL
52	IRWIN, Matt	6'2"	189	Left	11/29/87	Victoria, British Columbia	Buffalo	NHL
3	JENSEN, Nick	6'1"	205	Right	9/21/90	Rogers, Minnesota	CAPITALS	NHL
22	JOHANSEN, Lucas	6'2"	181	Left	11/16/97	Vancouver, British Columbia	Hershey	AHL
6	KEMPNY, Michal	6'1"	195	Left	9/8/90	Hodonin, Czech Republic	CAPITALS	NHL
51	KREBS, Dru	5'11"	182	Left	2/16/03	Okotoks, Alberta	Medicine Hat	WHL
25	McILRATH, Dylan	6'4"	235	Right	4/20/92	Winnipeg, Manitoba	Grand Rapids	AHL
88	NARDELLA, Bobby	5'9"	180	Left	4/22/96	Rosemont, Illinois	Djurgardens IF	SHL
9	ORLOV, Dmitry	5'11"	211	Left	7/23/91	Novokuznetsk, Russia	CAPITALS	NHL
2	SCHULTZ, Justin	6'2"	186	Right	7/6/90	Kelowna, British Columbia	CAPITALS	NHL
57	van RIEMSDYK, Trevor	6'3"	188	Right	7/24/91	Middletown, New Jersey	CAPITALS	NHL
76	WITTCROW, Eddie	6'4"	225	Left	10/31/92	Burnsville, Minnesota	Hershey	AHL

### GOALTENDERS (6)

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2020-21 Club	League(s)
80	BJORKLUND, Garin	6'2"	173	Left	5/28/02	Grand Prairie, Alberta	Medicine Hat	WHL
1	COPLEY, Pheonix	6'4"	198	Left	1/18/92	North Pole, Alaska	Hershey	AHL
60	FUCALE, Zach	6'2"	187	Left	5/28/95	Laval, Quebec	Hershey	AHL
30	SAMSONOV, Ilya	6'3"	200	Left	2/22/97	Magnitogorsk, Russia	CAPITALS	NHL
31	SHEPARD, Hunter	6'1"	210	Left	11/7/95	Cohasset, Minnesota	South Carolina/Hershey	ECHL/AHL
41	VANECEK, Vitek	6'2"	187	Left	1/9/96	Havlickuv Brod, Czech Republic	CAPITALS	NHL

## 2021-22 Washington Capitals Training Camp Roster by Group

### Group A

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2020-21 Club	League(s)
1	COPLEY, Pheonix	6'4"	198	Left	1/18/92	North Pole, Alaska	Hershey	AHL
2	SCHULTZ, Justin	6'2"	186	Right	7/6/90	Kelowna, British Columbia	CAPITALS	NHL
6	KEMPNY, Michal	6'1"	195	Left	9/8/90	Hodonin, Czech Republic	CAPITALS	NHL
10	SPRONG, Daniel	6'0"	200	Right	3/17/97	Amsterdam, Netherlands	CAPITALS	NHL
19	BACKSTROM, Nicklas	6'1"	206	Left	11/23/87	Gavle, Sweden	CAPITALS	NHL
20	ELLER, Lars	6'2"	208	Left	5/8/89	Rodovre, Denmark	CAPITALS	NHL
24	McMICHAEL, Connor	6'0"	183	Left	1/15/01	Ajax, Ontario	Hershey	AHL
25	McILRATH, Dylan	6'4"	235	Right	4/20/92	Winnipeg, Manitoba	Grand Rapids	AHL
29	LAPIERRE, Hendrix	6'0"	178	Left	2/9/02	Gatineau, Quebec	Chicoutimi	QMJHL
31	SHEPARD, Hunter	6'1"	210	Left	11/7/95	Cohasset, Minnesota	South Carolina/Hershey	ECHL/AHL
40	PILON, Garrett	6'0"	190	Right	4/13/98	Mineola, New York	Hershey	AHL
41	VANECEK, Vitek	6'2"	187	Left	1/9/96	Havlickuv Brod, Czech Republic	CAPITALS	NHL
42	FEHERVARY, Martin	6'2"	202	Left	10/6/99	Bratislava, Slovakia	Hershey	AHL
43	WILSON, Tom	6'4"	220	Right	3/29/94	Toronto, Ontario	CAPITALS	NHL
47	MALENSTYN, Beck	6'3"	200	Left	2/4/98	Delta, British Columbia	Hershey	AHL
49	LEASON, Brett	6'5"	225	Right	4/30/99	Calgary, Alberta	Hershey	AHL
51	KREBS, Dru	5'11"	182	Left	2/16/03	Okotoks, Alberta	Medicine Hat	WHL
52	IRWIN, Matt	6'2"	189	Left	11/29/87	Victoria, British Columbia	Buffalo	NHL
55	HUGHES, Bear	6'1"	171	Right	5/30/01	Post Falls, Idaho	Fargo	USHL
57	van RIEMSDYK, Trevor	6'3"	188	Right	7/24/91	Middletown, New Jersey	CAPITALS	NHL
61	HAS, Martin	6'4"	192	Right	2/2/01	Prague, Czech Republic	HC Benatky nad Jizerou	Czech2
63	GERSICH, Shane	5'11"	180	Left	7/10/96	Chaska, Minnesota	Hershey	AHL
64	PINHO, Brian	6'1"	190	Right	5/11/95	Beverly, Massachusetts	Hershey	AHL
67	SUTTER, Riley	6'4"	207	Right	10/25/99	Calgary, Alberta	Hershey	AHL
73	SHEARY, Conor	5'9"	178	Left	6/8/92	Winchester, Massachusetts	CAPITALS	NHL
76	WITTCHOW, Eddie	6'4"	225	Left	10/31/92	Burnsville, Minnesota	Hershey	AHL
91	SNIVELY, Joe	5'9"	174	Left	1/1/96	Herndon, Virginia	Hershey	AHL

### Group B

#	Player	Ht.	Wt.	Shoots	Born	Birthplace	2020-21 Club	League(s)
3	JENSEN, Nick	6'1"	205	Right	9/21/90	Rogers, Minnesota	CAPITALS	NHL
4	FRANSON, Cody	6'5"	227	Right	8/8/87	Sicamous, British Columbia	Rockford	AHL
8	OVECHKIN, Alex	6'3"	238	Right	9/17/85	Moscow, Russia	CAPITALS	NHL
9	ORLOV, Dmitry	5'11"	211	Left	7/23/91	Novokuznetsk, Russia	CAPITALS	NHL
21	HATHAWAY, Garnet	6'2"	212	Right	11/23/91	Kennebunkport, Maine	CAPITALS	NHL
22	JOHANSEN, Lucas	6'2"	181	Left	11/16/97	Vancouver, British Columbia	Hershey	AHL
23	SGARBOSSA, Michael	6'0"	182	Left	7/25/92	Campbellville, Ontario	Hershey	AHL
26	DOWD, Nic	6'1"	192	Right	5/27/90	Huntsville, Alabama	CAPITALS	NHL
27	ALEXEYEV, Alexander	6'4"	210	Left	11/15/99	St. Petersburg, Russia	Salavat Yulaev Ufa/Hershey	KHL/AHL
28	IORIO, Vincent	6'3"	191	Right	11/14/02	Coquitlam, British Columbia	Brandon	WHL
30	SAMSONOV, Ilya	6'3"	200	Left	2/22/97	Magnitogorsk, Russia	CAPITALS	NHL
36	VECCHIONE, Mike	5'10"	194	Right	2/25/93	Saugus, Massachusetts	Colorado	AHL
39	MANTHA, Anthony	6'5"	234	Left	9/16/94	Longueuil, Quebec	CAPITALS	NHL
45	JONSSON-FJALLBY, Axel	6'1"	194	Left	2/10/98	Stockholm, Sweden	Vasterviks IK/Hershey...HockeyAllsvenkan/AHL	
46	GEISSER, Tobias	6'5"	214	Left	2/13/99	Stans, Switzerland	EV Zug	NL
59	PROTAS, Aliaksei	6'6"	210	Left	1/6/01	Vitebsk, Belarus	Dinamo Minsk/Hershey	KHL/AHL
60	FUCALE, Zach	6'2"	187	Left	5/28/95	Laval, Quebec	Hershey	AHL
62	HAGELIN, Carl	5'11"	185	Left	8/23/88	Sodertalje, Sweden	CAPITALS	NHL
68	MORELLI, Mason	6'1"	200	Left	2/1/96	Minot, North Dakota	Hershey	AHL
71	CLARK, Kody	6'3"	185	Right	10/13/99	Chicago, Illinois	Hershey	AHL
74	CARLSON, John	6'3"	215	Right	1/10/90	Natick, Massachusetts	CAPITALS	NHL
77	OSHIE, T.J.	5'11"	196	Right	12/23/86	Everett, Washington	CAPITALS	NHL
80	BJORKLUND, Garin	6'2"	173	Left	5/28/02	Grand Prairie, Alberta	Medicine Hat	WHL
89	KESSY, Kale	6'3"	212	Left	12/4/92	Shaunavon, Saskatchewan	Hershey	AHL
92	KUZNETSOV, Evgeny	6'1"	205	Left	5/19/92	Chelyabinsk, Russia	CAPITALS	NHL